

Boiling recommendation

Boiling recommendation is a safety measure issued when the Municipality can't guarantee the quality of drinking water and if there is a suspicion that the tap water may contain bacteria, viruses or parasites that can make you sick.

This is what you should do when boiling recommendation have been issued,

- ✓ Boil all water that is to be drunk or used to prepare food where the water does not reach boiling temperature.
- ✓ Boil the water in a saucepan or kettle until it is bubbling strongly - bacteria, viruses and parasites die when the water is boiled.
- ✓ Pour the boiled drinking water into a well-cleaned jug, bottle or other container and let it cool. Let it stand at room temperature or cooler - preferably in the refrigerator.

Boiled drinking water can be used to,

- ✓ Mix juice or other beverages with water.
- ✓ Brew coffee, because the coffee maker does not heat the drinking water until it boils.
- ✓ Make ice.
- ✓ Rinse uncooked fruits and vegetables.
- ✓ Toothbrushing.

Unboiled drinking water can be used to,

- ✓ Prepare food to be cooked in boiling water such as potatoes, rice and pasta.
- ✓ Wash your hands and face.
- ✓ Shower, but make sure that small children do not swallow water, avoid bathing.
- ✓ Wash in the dishwasher at the highest temperature, use the drying program afterwards.
- ✓ Wash dishes by hand, let the dish dry before using it.
- ✓ Wash clothes.
- ✓ Clean surfaces.
- ✓ Water flowers.
- ✓ Flush toilets.

Observe,

- ✓ Children should not be playing in sprinklers, children's pools or similar when boiling recommendation have been issued.